

## September 2022

Important Dates & Info.

National Suicide Prevention Week – 9/7/2022 thru 9/12/22

Sexual Health Week – 9/17/2022 thru 9/23/2022

Fetal Alcohol Syndrome Awareness Day - 9/9/2022

Suicide Prevention Day – 9/10/2022

World Lymphoma Awareness Day – 9/15/2022

World Alzheimer's Day - 9/21/2022

World Heart Day – 8/30/2022

**September is National Alcohol and Drug Addiction Recovery Month!**

**Fall is knocking at the door!**

### **Health Trivia Challenge:**

Be the first to answer and win \$10 dollars.

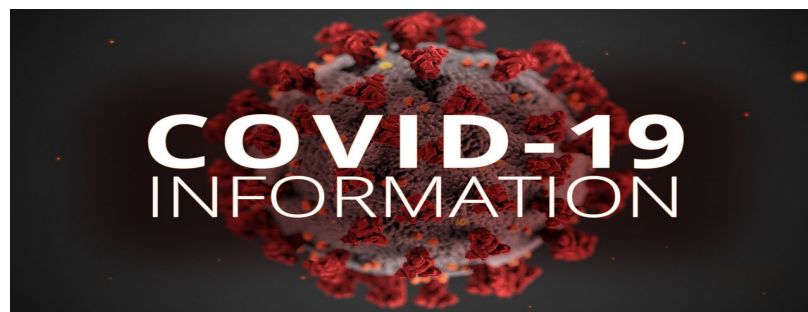
**Which muscle of the Human Body can exert the most pressure?**

Please do not use the internet!  
First to come, is first served with right answer!

There can only be one winner!

# Trumbull County Combined Health District Newsletter

Vol. I, Issue 8., (September 2022).



### **Covid-19 Vaccine Clinics**

The TCCHD has been and continues to work diligently against the Covid-19 virus and Pandemic within Trumbull County. Throughout the month of September, the TCCHD will hold Covid-19 vaccination clinics throughout all of Trumbull County. Please contact the Nursing division of the TCCHD at 330-675-2489 for details about those clinics. All 3 vaccinations (Pfizer, Moderna, and Johnson & Johnson) are generally available. Covid-19 booster shots are also available!

### **Covid-19 Testing**

Currently the TCCHD has a number of over the counter and home Covid-19 test kits. Anyone interested in receiving at home/over the counter test kits should reach out to the nursing division of the TCCHD at 330-675-2489. Meanwhile, if possible continue to mask, maintain safe distance from others, wash your hands, and get vaccinated. These measures will help protect you from COVID-19.

### **Covid-19 Data**

#### **As of September 5, 2022:**

- The TCCHD has administered approximately **42,677** doses of the Covid-19 Vaccine.
- **20,907** are first doses,
- **17,825** are second doses,
- **3,415** are first booster doses, and **530** are second booster doses,
- **76** doses of the COVID vaccine have been administered since the last board meeting,
- The TCCHD uses **the CDC Covid-19 Community Levels tool** to recommend what prevention steps to take. Levels can be **Low, Medium, or High.**
- Currently, Trumbull County, Ohio is **Medium.**
- **Prevention steps include:**  
**Staying up-to-date with Covid-19 vaccines, getting tested if you have symptoms, and if you are at a high risk for severe illness, talk to your healthcare provider about whether or not to wear a mask and take other precautions.**
- Trumbull County currently has a case rate of **276.8** per 100,000, and a positivity rate of **13.7%**.

# Contact Us

## Address:

176 Chestnut Ave. NE  
Warren, OH. 44483

## Phone:

330-675-2489

## Fax:

330-675-2494

## Email:

[health@co.trumbull.oh.us](mailto:health@co.trumbull.oh.us)

## Website:

[www.tcchd.org](http://www.tcchd.org)

## Wellness Hub:

[www.livewelltrumbull.com](http://www.livewelltrumbull.com)

## Facebook:

[www.facebook.com/trumbullpublichealth](https://www.facebook.com/trumbullpublichealth)

## Twitter:

[https://twitter.com/trumbull\\_health](https://twitter.com/trumbull_health)

## TCCHD History

**September 28, 1998** – Dr. James Lazor was appointed Temporary Acting Health Commissioner.

**September 29, 1939** – BOH Mtg. indicates that the BOH offices were located in the Court House Annex.

## Another Important Message Regarding Covid-19 and Trumbull County

Recently, Trumbull County was downgraded from **High** to **Medium** on the CDC Community Level Tool. A step in the right direction! With this reduction it is still important to remember that one of the primary prevention steps for reducing the spread of Covid-19 is testing. The TCCHD (as stated above) has tests available for the general public. Please remember that if you are sick with Covid-19 symptoms, and (or) test positive for Covid-19, you should stay home and isolate yourself for five days from the time of symptom manifestation.

## TCCHD Industry News

### Keeping Trumbull County Safe and Healthy one step at a time!

1. The Environmental division for July and August of 2022:
  - i. Performed **215** Food Service Operations Inspections,
  - ii. **133** Real Estate Evaluations,
  - iii. **283** Residential Sewage inspections,
  - iv. And **663** O&M Samplings.
2. The Nursing division for July and August of 2022:
  - i. Held **3** children immunization clinic and saw **37** clients,
  - ii. Held **1** adult immunization clinic and saw **11** clients,
  - iii. Had **59** families enrolled in their home visiting program and provided **55** tele/home visits.
3. The TCCHD continues to offer Mail-Order Narcan Kits. Please contact Kathy Parrilla for more details.

## Upcoming Events in Trumbull County

- **The Howl-O-Ween Event** – Mosquito Lake Dog Park Halloween Event. 1439 St. Rt. 305, Cortland, Ohio 44410. 10-2-22, 12 pm to 4 pm.
- **Pumpkins Paint** – 10-1-2022, 11 am to 2 pm. Eastwood Field. 111 Eastwood Mall Blvd., Niles, Ohio 44446.

## TCCHD Shout-Outs:

Let's all give a big TCCHD welcome to **Stacey Altieri**. Stacey is our newest family support specialist, and will be working within the nursing division for the Help-Me-Grow home visiting program.

## Another exciting opportunity for TCCHD and its Social Media Endeavors!

Recently, the TCCHD has linked its wellness HUB (LiveWell Trumbull) with the agency website. Now when you visit the TCCHD website, a link to the wellness HUB is located near the top of the page for easy navigation to the wellness HUB. Also, the TCCHD will soon be unveiling its Instagram account with brand new content. Look for upcoming emails and newsletters for more details.



**Public Health**  
Prevent. Promote. Protect.  
**Trumbull County**



### Live Well Trumbull Hub



### Website Re-Design Survey QR



### Customer Satisfaction Survey QR



#### Drug Addiction reduction efforts in the TCCHD:

The TCCHD and the TCMHRB, in collaboration with many other agencies held a free Naloxone give away on Overdose Awareness day which was 8-31-2022. There were 9 agencies that collaborated with the TCCHD and the TC Mental Health and Recovery Board. The group distributed 203 Narcan kits that day! In addition, they also distributed 38 kits from the Online/Mail Order program for the month of August! Year to date totals for 2022 (Jan. to Aug): 397 kits have been distributed to the general public and 358 individuals have been trained!

**Well Done to all involved! and keep up the great work.**

**"Your one Trusted, and Unified source for all resources related to Health and Wellness in Trumbull County" ....**

**Visit the Trumbull County Wellness Hub at:**

**<https://livewelltrumbull.com/>**

- ✚ Create a Free account,**
- ✚ Register for and take Challenges,**
- ✚ Access our Calendar of Events,**
- ✚ Hear from experts,**
- ✚ Access great resources from a number of partners.**

**Don't Wait...Explore the site today!**

**Have you seen our new website?**

**If not, check it out with the link below and take our survey!**

**We are Interested in hearing from you!**

**Website Re-Design Survey:**

**<https://www.surveymonkey.com/r/TSLPDBH>**

**Ever visited the Trumbull County Combined Health District?**

**Let us know how we did with our survey below!**

**Customer Satisfaction Survey:**

**<https://www.surveymonkey.com/r/TKBSNMT>**

**Would you like to see something else added to the newsletter?**

Let me know! Email me at [hebonack@co.trumbull.oh.us](mailto:hebonack@co.trumbull.oh.us)

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### TCCHD monitoring the Monkeypox virus in Trumbull County

The TCCHD is aware of the public's growing concern about the spread of the Monkeypox virus. The current risk of Monkeypox in Ohio is low, and there are currently no reported cases in Trumbull County. The TCCHD is continuously monitoring the situation, and the public is invited to check our website for the latest information as it becomes available: [www.tcchd.org](http://www.tcchd.org).

### Young Lungs at Play!

When it comes to children and their potential exposure to tobacco and vaping these three ladies are not playing around! While personally witnessing some individuals smoking at a youth baseball game, Julie Callen of the TCCHD knew something had to be done and she knew right where to go. Enlisting the help of fellow coworkers Terry Merrick (RN) who works on Tobacco Cessation at the TCCHD, and Lindsay Adams (RN) the TCCHD's unofficial graphic designer, the three worked together to develop eye catching signage to be posted in areas, letting visitors know the area is now "Smoke and Tobacco Free"! The signs aptly named (*Young Lungs at Play*) immediately drew attention, and at the time of publication, these signs have been placed in 14 different communities, including recreational parks in Leavittsburg and Lordstown. The first order of 100 signs was gone within a matter of weeks, and the need for more has grown 3 fold, meaning 300 more were ordered. These signs are sure to fly out the TCCHD doors to a new home letting everyone know that Young Lungs are indeed...at play, and have no room for exposure to both tobacco and(or) vaping. *Well done to all involved in this endeavor and keep it going!*





